

High Barn Oils

The home of english linseed

Salsa for 4

Very good with vegetable fritters e.g. courgette and feta, sweet corn and spring onion and barbecued meats, fish etc. Thank you High Barns Oils customer Paul Bawcutt for this recipe.

Ingredients:

- 2 tbsp of High Barn Culinary Linseed Oil
- Juice of one lemon
- 1tbsp finely chopped lemon rind
- 150g halved cherry tomatoes
- 1tbsp chopped parsley
- 1tbsp chopped mint

Simply:

1. Mix all ingredients together and season with black pepper.